



2009  
**SA ACAPAP**

IN ASSOCIATION WITH PANDA SA  
THE FUTURE BELONGS TO THE CHILDREN

**17th Biennial South African  
Association for Child &  
Adolescent Psychiatry &  
Allied Professions Congress**

**REGISTER NOW!**

The Paediatric Neurology and Development  
Association of Southern Africa (PANDA-SA)

[www.saacapap.org.za](http://www.saacapap.org.za)

**3 - 8 JULY 2009  
ILANGA ESTATE  
BLOEMFONTEIN  
SOUTH AFRICA**

## CONGRESS COMMITTEE

Richard Nichol (Chairman ACAPAP)  
David Griesel  
Cora Krüger  
Jeannine Van Der Berg  
Lily Van Rhyn

Andre Venter (Chairman PANDA)  
Linka Grobler  
Johan Le Roux  
Ronel Van Der Watt  
Santjie Vermaas

## SCIENTIFIC COMMITTEE

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Alan Flisher  
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M E Mazibela  
Richard Nichol  
Ronel Van Der Watt

David Benn  
David Griesel  
Cora Kruger  
Johan Le Roux  
Lily Van Rhyn  
Andre Venter

## CONGRESS MANAGEMENT

For further information, please contact the official congress organisers:



Eastern Sun Events

Phone: +27 (0) 41 374 5654  
Fax: +27 (0) 41 373 2042  
Email: info@easternsun.co.za  
Congress Website: www.saacapap.org.za



## GENERAL INFORMATION

The 2009 SA ACAPAP congress (in association with PANDA SA) is taking place at:

Ilanga Estate  
Lucas Steyn Street, Heuwelsig, Bloemfontein  
www.ilangaestate.co.za

Friday 3 July to Wednesday 8 July 2009  
(Friday 3 July to Sunday 5 July has been dedicated to pre-congress workshops – see attached registration form)

## CONGRESS THEME

The future belongs to the children  
www.saacapap.org.za

## WELCOME MESSAGE FROM CONGRESS CHAIRMEN

On behalf of SA ACAPAP and the congress organisers, I would like to invite you to our congress. Despite difficult economic circumstances and restricted financial resources the Congress Planning Committee has managed to invite dynamic speakers from different parts of the world. Workshops featuring a diverse spectrum of topics related to Child and Adolescent Mental Health will also be presented. I am sure that all professionals working in this field, who attend the congress will certainly be more empowered to give our children the future that belongs to them.

**Richard Nicol (Congress Chairman, ACAPAP)**

On behalf of PANDA and the congress organisers it is a great pleasure to invite you all to this, our very first ACAPAP - PANDA combined meeting. We have been able to invite some excellent keynote speakers and have some very exciting workshops. From PANDA's perspective it is probably fitting that we will be focusing on autism, diagnosis, early identification and treatment. I look forward to welcoming you all to Bloemfontein – in the heart of South Africa – in the heart of winter. Come and enjoy our warm hospitality.

**Andre Venter (Congress Chairman, PANDA)**



## ORDER OF EVENTS

### **Friday, 3 July 2009**

Day 1 – Workshops

08h00 – 16h00: Catherine Lord - Autism: ADOS I

### **Saturday, 4 July 2009**

Day 2 – Workshops

08h00 – 16h00: Catherine Lord - Autism: ADOS II

08h00 – 13h00: Annamarie van Jaarsveld - Sensory Processing

08h00 – 13h00: Hans Koot - Emotional & Behavioural Problems: Assessment, Development & Outcomes

13h30 – 18h00: M E Mabizela & Lily van Rhyn - Introduction to Child Psychiatry Nursing in Mental Health

13h30 – 18h00: Chris de Wet - Introduction to Music in Therapy

08h00 – 17h00: Rinda Blom - Play Therapy

### **Sunday, 5 July 2009**

Day 3 – Workshops

08h00 – 13h00: Jane Jarvis - ADHD games workshop – Learning through play

08h00 – 13h00: Hans Koot - Health Behaviour & Chronic conditions in Childhood & Adolescence

08h00 – 13h00: Catherine Lord - Autism Research Group: ADOS

14h00 – 17h00: Ria Egelhoff - Therapeutic and Spiritual Group work with Children

08h00 – 17h00: Johan le Roux - CBT

Evening Registration

### **Monday, 6 July 2009**

Day 1 – Opening Welcome Brunch

Congress

Gala Dinner

### **Tuesday, 7 July 2009**

Day 2 – Congress

PANDA Programme ends

### **Wednesday, 8 July 2009**

Day 3 – Congress (half day)

## INTERNATIONAL SPEAKERS

### **Professor Dr Tobias Banaschewski**

Professor of Child and Adolescence Psychiatry, Medical Faculty Mannheim of the University Heidelberg; Medical Director of the Department of Child and Adolescence Psychiatry of the Central Institute of Mental Health, Mannheim, Germany.

He studied psychology and medicine at the University of Marburg, Germany. He worked as Clinical Assistant in Adult Psychiatry in Marburg and as Clinical and Research Assistant in Child & Adolescent Psychiatry, University of Göttingen, Germany. In 2003 he received the German research award for biological child and adolescent psychiatry for special scientific performance in clinical research, particularly for research into attention deficit hyperactivity disorder (Kramer-Pollnow-Preis). In 2006 he became successor of Professor Dr. Martin Schmidt as head of the Department of Child & Adolescent Psychiatry at the Central Institute of Mental Health, University of Mannheim/Heidelberg, Germany.

He is member of the European Network of Research on Hyperkinetic Disorders (EUNETHYDIS), Co-Principal Investigator of the International Multi-Centre ADHD Genetics Project, and Co-editor of the Journal of Child Psychology and Psychiatry; Member of the German Association for Child and Adolescent Psychiatry and Psychotherapy.

His main research interests are ADHD and comorbid disorders (conduct disorder, tic disorder), psychophysiology (event-related brain electrical potentials), neuropsychology and psychopharmacology.

### **Professor Hans Koot**

Professor Koot is the Dean of the Faculty of Psychology and Education, Vrije University, Amsterdam, Netherlands. He received his Master's degree, *cum laude*, in Psychology at the Catholic University Nijmegen. He obtained his doctorate, *cum laude*, at the Faculty of Medicine and Health Sciences at the Erasmus University, Rotterdam. He is a member of diverse editorial boards, among others: Editor of *Kind en Adolescent* and Consulting Editor of *Journal of Paediatric Psychology*. He published extensively on Child and Adolescent Psychiatry. Membership of scientific societies includes International Association for the Scientific Study of Intellectual Disability.

Professor Koot has a vast knowledge of the assessment, development and treatment of behavioral and emotional problems in children and adolescents. He has a special interest in the psychological impact of medical conditions on children and the enhancement of their quality of life. Professor Koot has presented many international workshops and symposia. He gave various presentations on developmental psychology, psychopathology e.g. delinquency, health behavior, peer group-, family- and other child related relationships. He is a renowned scholar, active author and dynamic researcher in the field of psychology.

### **Professor Catherine Lord**

Catherine Lord, Ph.D. is the Director of the University of Michigan Autism and Communication Disorders Center (UMACC) and a professor of psychology, psychiatry and paediatrics. Dr Lord is currently a Visiting Professor at NYU Child Study Centre where she is setting up a preschool and toddler clinic using evidence-based assessments and treatments. She is a clinical psychologist who has worked in Canada and the U.K and at various universities in the U.S., including the TEACCH program. She was involved in developing the standardised diagnostic instruments for ASD (the Autism Diagnostic Observation Schedule (ADOS), an observational scale, and the Autism Diagnostic Interview – Revised (ADI-R), a parent interview), considered the gold standard for research diagnoses.

As Director of UMACC, she provides clinical evaluations and consultations and trains university students and professionals in the diagnosis of ASD. Current projects include the development of a toddler module for the ADOS; organisation of the Simons Simplex Collection, a repository of cell lines and phenotypic data for families with a child with autism and a typical child; the development of a measure of spontaneous, functional language in children with ASD; two studies of different interventions with very young children; and a longitudinal study of children followed from age 2 who are now in their teens.

### **Dr Toni Noble – Guest of SAALED**

Toni is a former classroom teacher now working as a senior University lecturer in education and psychology at the Australian Catholic University National. She is widely known in the education arena as the co-author with Dr Helen McGrath of many practical best selling teacher resource books. These books include *Eight Ways At Once* (using multiple intelligences and the revised Bloom's taxonomy to differentiate the curriculum); *Different Kids, Same Classroom* (on mixed ability teaching) and the *BOUNCE BACK! A Classroom Resiliency Program*. The *BOUNCE BACK!* program is the 2003 winner of the Robin Winkler Award for applied research in Community Psychology awarded by the Australian Psychological Society. Toni is on the Advisory Board for the National Centre Against Bullying and is Co-Editor of *Bullying Solutions, Evidence-Based Approaches to Bullying*. All book royalties go to the NCAB.

As well as a University Teacher Educator, Toni is a psychologist and an educational consultant for all school systems and has presented many keynote addresses, papers, professional development programs and workshops to educators both nationally and internationally. She has been awarded a Carrick Citation for her outstanding contributions to University teaching in the field of educational psychology and teacher education.

### **CREATIVITY CORNER**

Many of our colleagues in all the allied professions pursue artistic interests - painting, needlework, traditional art forms, sculpture and photography to mention but a few. The congress committee invites those of you who would like to share your creative interests with us to submit work for an exhibition during our congress. All art works are welcome!

## ACADEMIC PROGRAMME

Please visit [www.saacapap.org.za](http://www.saacapap.org.za) for regular updates to the Academic Programme.

### PANDA:

The official PANDA programme will end on Tuesday, 7 July 2009. The Congress only ends on the 8<sup>th</sup> of July, please refer to the Academic Programme should there be any sessions that PANDA members would like to attend. There will not be an AGM for PANDA members.

Below is a list of the proposed topics for the various parallel sessions:-

### Sessions

- Occupational Therapy
- Paediatric Neurology
- Social Work
- Child and Adolescent Psychiatry
- Psychology
- Developmental Paediatrics
- Nursing Education & Practice

### CALL FOR ABSTRACTS

1. Delegates wishing to present an oral or poster presentations are invited to submit a short summary for consideration and inclusion in the academic programme. Results must be clearly presented in the abstract and no late abstracts will be accepted.
2. Abstracts must be submitted online at [www.saacapap.org.za](http://www.saacapap.org.za) by **31 March 2009**.
3. The Congress Academic Committee reserves the right to select papers and posters for presentation.
4. Abstracts received will be acknowledged and notification of acceptance or rejection will be by email by **15 April 2009**.
5. The meeting rooms are equipped with data projectors and only MS PowerPoint will be accepted.
6. Conflict of Interest: If the research is funded (partially or fully) by a proprietary organisation, a statement to that effect must be included at the bottom of the abstract.
7. Please note that no more than three submissions will be allowed per presenter due to possible programme limitations.
8. Please read the submission requirements carefully as abstracts submitted will not be changed later.
9. All presenting authors are requested to fully register for the congress by **1 May 2009**. If no registration and payment for the 2009 SA ACAPAP Congress has been received by this deadline, the presentation will not be listed in the programme. This measure has been taken to overcome any "no-shows" disrupting the programme.
10. **Please note:** The presenting author needs to complete the abstract submission form and not a co-author.

### Poster Exhibition Presentation

The poster panels need to be no larger than 120cm high and 75cm wide. Please be aware that there is no space for excessive sizes. Presenters are advised to make several copies for placement next to the poster.

### Please note the following deadline dates for presenters:

31 March 2009	Deadline for Abstract submissions
15 April 2009	Feedback in terms of whether your submission has been accepted for inclusion in the 2009 Congress
1 May 2009	Registration and payment of registration fees to have been received by the Congress Secretariat
3-8 July 2009	2009 SA ACAPAP Congress (includes workshop dates)

### Information Required

Author(s):	Insert the surname(s) of the author(s), followed by their initials – for example: Smith, P & Nel, K
Title:	Insert the full title of the proposed presentation. <b>Title should not exceed 15 words</b>
Text:	Insert the text of the abstract. The abstract must be presented in English and should <b>not exceed 250 words (Format: Arial Font -10)</b>
Email Address:	Insert the email address to which enquiries regarding the presentations can be directed

For any further queries, please contact Lizl Fyffe: +27 (0) 41 374 5654 or email [lizl@easternsun.co.za](mailto:lizl@easternsun.co.za).

### **BURSARY APPLICATION**

The SA ACAPAP offers a bursary to one mental health practitioner from an African country (excluding South Africa) to participate in its biennial congress. The bursary is awarded to a practitioner in their early career, who is interested in, and is in a position to develop child and adolescent mental health care in their country. By attending this congress, the candidate will have the opportunity to:

1. Network and establish contacts with the child and adolescent mental health fraternity in Africa and beyond,
2. Be exposed to cutting edge research and practice in child and adolescent mental health, and
3. Present his/her own work for discussion and review by colleagues in the field.

### **Scope of the Congress Bursary**

The successful candidate will be funded to attend all activities of the Biennial Congress of the SAACAPAP. Funding will cover a round trip to and from his/her country of origin, a congress fee waiver, access to the official congress social functions, and accommodation during the congress.

For further information to apply for this bursary please visit the congress website [www.saacapap.org.za](http://www.saacapap.org.za).

### **CPD POINTS**

CPD points will be awarded for the congress.

### **EXHIBITION & SPONSORSHIP**

Please visit the official congress website to book your exhibition stand online [www.saacapap.org.za](http://www.saacapap.org.za)

Sponsorship is always necessary for the success of any Congress. For any sponsorship queries, please contact Tanya Schmidt on +27 (0)41 374 5654 / [tanya@easternsun.co.za](mailto:tanya@easternsun.co.za) or a sponsorship package is available online [www.saacapap.org.za](http://www.saacapap.org.za).

### **SOCIAL FUNCTIONS**

- **Opening Welcome Brunch**  
Monday 6 July 2009 (in the Exhibition Venue, Ilanga Estate)
- **Gala Dinner (R200-00 per person)**  
Monday 6 July 2009 (Ilanga Estate)

### **DRESS CODE**

In keeping with the relaxed atmosphere of the estate, the dress code at the congress will be smart casual.

The dress codes for the social functions are as follows:

- Opening Welcome Brunch – Smart Casual/Work Attire
- Gala Dinner – Lounge Suits

### **TRANSPORT**

Visit [www.saacapap.org.za](http://www.saacapap.org.za) for a detailed list of transport options to and from Bloemfontein.

### **AIRPORT TRANSFERS**

Please contact your hotels to arrange a transfer from the airport.

### **CONGRESS TRANSPORT**

Transport will run to and from the official congress hotels, conference centre and social functions at a cost of R150.00 from 3 – 5 July and R150.00 from 6 – 8 July. Transport tickets will be issued and pre-bookings and pre-payment is essential as no transport bookings can be made on arrival.

## INTERNATIONAL DELEGATES

Please ensure that you have a minimum of three blank pages in your passport in order to get through your local passport control. Please also ensure that your passport is valid for a minimum of six months from the date of arrival in South Africa.

Kindly contact your local travel agency to find out any visa requirements to visit South Africa.

## ACCOMMODATION

Block bookings have been made at the hotels listed below and special rates have been negotiated for congress delegates. In order to enjoy these special rates the bookings must stipulate the booking codes quoted below. Bookings for your accommodation have to be done directly with the hotels. Please note that, although unlikely, these rates are subject to change.

## CONGRESS HOTELS

The hotels listed below are the official Congress Hotels and all congress transport will be between these hotels, the congress venues and the social events. Should you decide to book your accommodation elsewhere, transport will not be provided for you.

Hotel	Single Rate	Double Rate	Breakfast
<b>Southern Sun Bloemfontein ****</b> <b>Booking Code: 1972.45</b> Cnr. Nelson Mandela and Melville Drive Brandwag Bloemfontein Tel: +27 51 444 1253 Fax: +27 86 692 7371 / +27 51 444 0671 Email: Bloemfontein@southernsun.com Website: www.southernsun.com	R1450.00 Per Room	R1650.00 Per Room	Included
<b>City Lodge ***</b> <b>Booking Code: Eastern Sun Events</b> Cnr Nelson Mandela Drive & Parfitt Avenue Bloemfontein Tel: +27 51 444 2974 Fax: +27 51 444 2192 E-mail: clbloem.resv@citylodge.co.za Website: www.citylodge.co.za	R750.00 Per Room	R850.00 Double/Twin Per Room	R80.00 Full English R70.00 Continental
<b>Urban Hotel ***</b> Cnr Parfitt Avenue and Henry Street Parkwest Bloemfontein Tel: +27 51 444 3142 Fax: +27 51 444 2605 E-mail: info@urbanhotel.co.za Website: www.urbanhotel.co.za	R550.00 Per room	R650.00 Per room	R65.00

- ❖ Rates are exclusive of 1% Tourism Levy
- ❖ Rates may change at the discretion of the accommodation establishment

### Alternative accommodation websites:

[www.sa-accommodation-finder.com](http://www.sa-accommodation-finder.com)  
[www.roomsforafrica.com](http://www.roomsforafrica.com)  
[www.bloemfonteintourism.co.za](http://www.bloemfonteintourism.co.za)  
[www.bloemfonteinaccommodation.co.za](http://www.bloemfonteinaccommodation.co.za)

### Please note:

**The national drum majorette competition is being held in Bloemfontein at the same time as the Congress, so it is essential to book your accommodation as soon as possible!**

## REGISTRATION

Please go to [www.saacapap.org.za](http://www.saacapap.org.za) to register and pay online.  
There is a registration form attached should you not be able to register online.

### Full Registration Fees Include:

- Congress Lectures
- Programme
- Lunch
- Morning & Afternoon Teas and/or Refreshments
- Name Badge
- Opening Welcome Brunch

### Day Registration Fees Include:

- Congress Lectures for the One Day Only booked
- Programme
- Lunch
- Morning & Afternoon Teas and/or Refreshments
- Name Badge

## METHODS OF PAYMENT

**Online registration and payment:** [www.saacapap.org.za](http://www.saacapap.org.za)

### Direct Deposit:

Name: Congress Account 2  
Bank: First National Bank  
Branch: Rink Street  
Branch Code: 210317  
Account Number: 62063082631

### Cheques:

Please make cheques payable to: Congress Account 2

### Cancellations

No telephonic cancellations will be accepted. The cancellation notification must be in writing prior to 30 April 2009. Up until this date a 25% admin fee will be charged for cancellation, thereafter delegates will be liable for the entire fee whether payment has been received or not.

### Payments

All payments are to be received prior to the Congress otherwise entrance to the congress will not be allowed.

## YOU ARE ENCOURAGED TO JOIN THE ASSOCIATION – SA ACAPAP (SOUTH AFRICAN ASSOCIATION FOR CHILD & ADOLESCENT PSYCHIATRY & ALLIED PROFESSIONS)

The SAACAPAP is the only professional body in Sub-Saharan Africa to publish a peer-reviewed scientific child mental health journal, the Journal of Child & Adolescent Mental Health. It is published twice a year and membership of the Association entitles you to two editions of this Journal, either printed or online. The Association also convenes a biennial congress to which world class speakers in many disciplines are invited and during which the wonderful work being done in our fields in our own part of the world is show-cased. During the intervening year we endeavour to run an event such as a workshop for the benefit of our members. Please support your association by renewing your membership and thus securing the reduced members' registration fee for our conference!

Please log onto the SAACAPAP website ([www.saacapap.org.za](http://www.saacapap.org.za)) to download the Subscription Reminder Letter and the Membership Application and Subscription Renewal Form 2009.



# REGISTRATION FORM

1. DELEGATE REGISTRATION DETAILS (PLEASE NOTE THAT ALL GOVERNMENT ORDERS NEED TO BE PAID BEFORE YOU ARRIVE AT THE CONGRESS)												
Name						Title	Dr	Prof	Mr	Mrs	Ms	
Surname												
Organisation												
Postal Address												
City						Postal Code						
Province						Country						
Tel						Fax						
Cell Number						PANDA Programme: Attending till 7 <sup>th</sup> July Only			Yes		No	
Email						Are you a member	SAACAPAP	Yes	No	PANDA	Yes	No
HPCSA Nr						Membership Number						
2. REGISTRATION FEES – MEMBERS (SA ACAPAP & PANDA)												
						Early register & pay before 15 May	Late register & pay after 15 May	Last Minute register & pay after 24 June				
Registration Fees						R 1 500.00	R 1 800.00	R 2 100.00				
Day Registration: <i>Please indicate which one day only</i>						6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	R 1 050.00			
REGISTRATION FEES – NON MEMBERS												
Registration Fees						R 1 900.00	R 2 200.00	R 2 500.00				
Day Registration: <i>Please indicate which one day only</i>						6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	R 1 300.00			
OTHER REGISTRATIONS												
Extra Trade Registration									R 1 500.00			
Day Trade Registration									R 1 050.00			
Student Registration									R 1 050.00			
Clinical Assistant & Psychology Intern									R 1 200.00			
3. SOCIAL FUNCTIONS												
Opening Welcome Brunch – Monday 6 July 2009 at 09:30									Included			
Gala Dinner – Monday 6 July 2009									R 200.00			
4. TRANSPORT - Shuttle service required to and From Ilanga Estate (Congress Hotel to be indicated)												
City Lodge		Urban Hotel		Southern Sun		Date: 3 – 5 July 2009			R 150.00			
City Lodge		Urban Hotel		Southern Sun		Date: 6 – 8 July 2009			R 150.00			
5. WORKSHOPS												
Autism: ADOS		Catherine Lord			Fri, 3 & Sat, 4 July		08h00 – 16h00		R 2 500.00			
Sensory Processing		Annamarie van Jaarsveld			Sat, 4 July		08h00 – 13h00		R 750.00			
Emotional & Behavioural Problems: Assessment, Development & Outcomes		Hans Koot			Sat, 4 July		08h00 – 13h00		R 750.00			
Introduction to Child Psychiatry Nursing in Mental Health		M E Mabizela & Lily van Rhyn			Sat, 4 July		13h30 – 18h00		R 750.00			
Introduction to Music in Therapy		Chris de Wet			Sat, 4 July		13h30 – 18h00		R 750.00			
Play Therapy		Rinda Blom			Sat, 4 July		08h00 – 17h00		R 1 500.00			
ADHD games workshop – Learning through play		Jane Jarvis			Sun, 5 July		08h00 – 13h00		R 750.00			
Health Behaviour & Chronic conditions in Childhood & Adolescence		Hans Koot			Sun, 5 July		08h00 – 13h00		R 750.00			
Autism Research Group: ADOS		Catherine Lord			Sun, 5 July		08h00 – 13h00		R 750.00			
Therapeutic and Spiritual Group work with Children		Ria Egelhoff			Sun, 5 July		14h00 – 17h00		R 750.00			
CBT		Johan le Roux			Sun, 5 July		08h00 – 17h00		R 1 500.00			
<b>TOTAL</b>									<b>R</b>			
6. DIETARY REQUIREMENTS												
None		Vegetarian		Halaal		Diabetic		Other (specify):				
7. PAYMENT METHODS (If you choose not to register and pay online, please see payment methods below)												

**CREDIT CARD DETAILS:**

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Type of Card

VISA  Mastercard  AMEX  Diners club

**Expiry Date**

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m m y y

Last 3 digits on back of your card or 4 digits with Amex

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ONLINE PAYMENT:  
EFT or DIRECT DEPOSIT:

[www.saacapap.org.za](http://www.saacapap.org.za)  
Account Name:  
Bank:  
Account Number:

**REGISTER AND PAY ONLINE OR FAX COMPLETED FORM TO 041 373 2042**  
Congress Account 2  
First National Bank  
Branch: Rink Street, Port Elizabeth  
Branch Code: 210317

Please submit this form to Michelle Kielblock at Eastern Sun Events or register and pay online